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#humboldtstrong

We are a campus filled with student athletes. We have dancers and swimmers and trampolinists, baseball players and soccer players and gymnasts... and we have hockey players. Lots and lots of hockey players.

For this reason, the recent tragedy in Saskatchewan has affected us deeply. As a campus we have created a #putyourstickout tribute in our front foyer, and we would like to thank the families of Brody, Chelsea, Ryan, and James, as well as Ms. Garcia, for loaning us their sticks.

There is a [blog post](#) circulating this week, written by a hockey mom in BC, which discusses the concept of **Ohana**. (You may also be familiar with this concept from Lilo & Stitch.) **Ohana** is a Hawaiian concept meaning 'family' - but it is more than that.

It speaks to the concept of a larger family that is not necessarily connected by blood. We like to think of ourselves as a family at Blyth Academy Whitby, and as tragedies tend to do, feel that this sad event has pulled us together even more tightly. Together we remember the lives lost, the survivors, their families, friends and communities. And we take time to appreciate what we have and that we share it... together.



#putyourstickout



Jersey Day at Middle School

back l to r: Paul (Gr.6), Andrew (Gr.6), Haydyn (Gr.6), Ms. Garcia, Nick (Gr.6), Ms. Armstrong, Sarah (Gr.6)
front: Rhys (Gr.7)



Jersey Day at High School

Back l to r: Skylar (Gr.11), Michaela (Gr.12), Skyla (Gr.10), Garrett (Gr.9), Miss Sherman, Mr. Reid, Ryan (Gr.10), Ms. Little
Middle l to r: Ms. Kupovics, Ms. delaPaz, Aidan (Gr.10), Chelsea (Gr.11), Britney (Gr.11), Nikita (Gr.12), Vivianne (Gr.11), Renee (Gr.12), Elliott (Gr.9)
Front l to r: Ms. Hnidec, Hana (Gr.12), Mackenzie (Gr.12), Brody (Gr.9), Michael (Gr.10), Faris (Gr.10), Shefali (Gr.11)



GUIDANCE UPDATE: Preparing for Exams

by Guidance Counsellor Karen Brierley

As we head into the exam period it is important to eat healthily, schedule recreation time and try to get at least eight hours of sleep each night. Planning is the key element: prepare a revision schedule, and be sure to plan time for exercise, eating and sleeping. Then the hard part is sticking to it!

You will have many tests and examinations in your life time and so it is key to develop these important life skills. This [article](#) reviews this further.

If you are feeling overwhelmed, please come to speak with me. Together we can discuss strategies and create schedules. Best of luck to all of our high school students on their final Term 3 exams.

EXCITING SPORTS NEWS FROM BLYTH WHITBY

BLYTH TRIATHLON

On Wednesday April 4, in the wind and snow, four students from Blyth's Whitby campus attended the Blyth-wide Triathlon at Glendon College.

Students Andrew (Gr.10), Shefali (Gr.11), and Neel and Jordan (Gr.12), along with PE teacher Mr. Blair Reid, took transit to Glendon College to compete against 12 other schools including 9 different Blyth campuses, and other private schools such as St. Andrew's College, Bishop Strachan School, Royal St. George's College, and Metro Prep.

We are very proud of our students for finishing the race despite the inclement weather!

OHL DRAFT 2018

We have had a number of high level hockey players attend school at Blyth Academy Whitby - most notably, the 2015 Memorial Cup-winning Oshawa Generals. But we have never been more proud than we are of Grade 10 student Ryan O'Rourke. Ryan has been playing hockey for as long as he has been upright. He is a very skilled defenseman, and has been described as a "prospect of immeasurable promise" and "an intimidating threat at both ends of the ice owing to his maneuverability, raw strength, and ability to create".

Last weekend in the 2018 OHL draft, Ryan was picked up in the first round by the Sault Saint Marie Greyhounds. We are sad to be losing him from Blyth Academy Whitby, but are so excited to continue to watch his career progress.

RYAN O'ROURKE

2018

PRIORITY SELECTION

PRESENTED BY **REAL CANADIAN SUPERSTORE**

ROUND 1 PICK 20

VAUGHAN KINGS - LD
6'1 - 163 LBS



Team O'Rourke on Jersey Day
l to r: Principal Kim Hacker, Ryan (Gr.10), teacher Kim Kupovics

TERM 3 EXAM SCHEDULE

In-class exams Thurs April 19 (during class time)

PLF4M - Grade 12 Recreation and Healthy Active Living Leadership (Ms. Garcia)

HIF20 - Grade 10 Introduction to Family Studies (Ms. Kupovics)

Fri April 20 - courses falling in P1 and P3

MCR3U - Grade 11 Functions (Ms. Hnidec)

SCH4U - Grade 12 Chemistry (Ms. Little)
SNC1D - Grade 9 Science (Mr. Reid)
CGR4M - Grade 12 Resource Management (Mr. Reid)
CHW3M - Grade 11 World History to the 15th Century (Miss Sherman)
MPM2Dpri - Grade 10 Math (Ms. Hnidec)
HHS4U/C - Grade 12 Families in Canada (Ms. Kupovics)*
*Please note that Ms. Kupovics' HHS4U/C exam will run at 1pm, not 9am



Mon April 23 - courses falling in P2

FSF1D/2D - Grade 9/10 French (Mme Klem)
MHF4Upri - Grade 12 Advanced Functions (Ms. Little)
PSK4U - Grade 12 Kinesiology (Mr. Reid)
ENG4U - Grade 12 English (Miss Sherman)
HSB4U - Grade 12 Challenge & Change (Ms. Hagedorn)
SBI3U - Grade 11 Biology (Ms. delaPaz)

Other than the exams happening in class on Thursday, and Ms. Kupovics' HHS4U/C exam on Friday, all exams will take place at 9am.

LOOKING AHEAD...

Mon. April 16

- Y2 Program for Grades 7,8 & 9
- last day for high school students to submit term work for Term 3 classes (this does not include ISPs or review activities)

Thurs. April 19

- In-class exams during Period 2 for PLF4M and HIF2O

Fri. April 20

- Final Term 3 exams for high school students at 9am OR 1pm

Mon. April 23

- Final Term 3 exams for high school students at 9am
- Y2 program for Grades 7,8,9

Tues. April 24

- PD Day for both middle and high school - school is closed to students today

Fri. April 25

- First day of Term 4 for high school students

And don't forget, our Animal Shelter drive continues until Tuesday May 1.

209 Dundas St. E | 905-666-3773 | whitby@blytheducation.com

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