

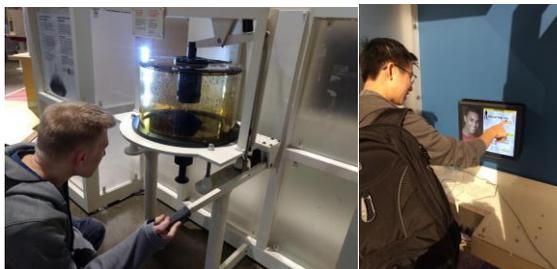
## DATES TO REMEMBER

Nov. 11<sup>th</sup> – 12<sup>th</sup> – Term 1 Final Exams  
Nov. 14<sup>th</sup> – Term 2 Start Half Day Schedule  
Period 1: 1pm-2pm  
Period 2: 2pm-3pm  
Period 3: 3pm-4pm  
Nov. 15<sup>th</sup> – First Full Day of Term 2

## Being Brilliant in...Grade 11 Physics

On Friday Nov 1st, the Grade 11 Physics class went to the Ontario Science Centre! This was no ordinary science field trip, because now the class have become physicists, so they experienced the Ontario Science Centre in a new way for the very first time! Highlights included observing cosmic rays through a cloud chamber, using magnetic fields to disturb ferrofluids, racing friction gliders, and attending a viewing of Beautiful Planet in IMAX. The movie showed what astronauts had to deal with on a daily basis, and the visuals were all taken from the International Space Station.

The Grade 11 Physics class can now observe the world around them in new and exciting ways!



---Mr. Saklica

## New on staff...



Alysa Golden, MSW, RSW is a Registered Social Worker who has been working clinically with teens and adults for 25 years. She is a mother of 17 year old twins - her daughter is in grade 12 at Blyth - and has counselled students, taught courses and facilitated student success workshops

at such post-secondary institutions as York University School of Social Work, University of Toronto Medical School, Toronto Film School and George Brown College. Alysa mostly works with mindfulness and solution focused techniques and meets each client with respect and curiosity. She is looking forward to helping the students at Blyth to connect with their strength, decrease their stress and anxiety, and increase their ability to be peaceful and focused. She is also extending an invitation to parents to reach out and connect around their child if they wish. She will be at the school every Monday.

## What you never knew about...Clarissa Shaver!



Hi! My name is Clarissa, and I am the Head of Guidance at Blyth Academy - Lawrence Park. I was born in Toronto and have lived in Southern Ontario for most of my life, apart from five years ago when I moved to Dublin, Ireland. I spent two years in Dublin, being a nanny and working

at an English language school. While living abroad, I took every opportunity I could to see more of the world, which lead me to visit over 25 countries.

Before that, I attended the University of Waterloo where I studied Political Science and Business. Following my degree, I worked in the area of human resources. I have also worked for a number of educational institutions including a university, school board and virtual school. After this experience, I decided to follow my dream of becoming a teacher and returned to university in Glasgow, Scotland. I then had the opportunity to teach at a private school in Dubai for two years. I returned to Toronto this summer and am now trying to prepare for winter, which I have not truly experienced in five years!

--- Ms. Shaver

## Coles Notes

It was an ambitious goal that was set by our Student Council this year for The Terry Fox fun: \$7,000 to be raised by our school of roughly 150 students. If you include staff and faculty, it averages out to about \$40 per person...and we did it! Huge thanks to all who contributed. It's a record total for Blyth LP, and we should all be extremely proud.

Staying with the many themes of Terry, I wanted to also mention again here our Triathlon training on Fridays. You may not know it, but Blyth LP hosts (in April at Glendon College) one of Toronto's most significant inter-school Triathlons. 18 schools participated last year, and in April 2020 we are anticipating some athletes from our international network of schools as well as from across Ontario. Every Friday, we are hoping to do a run or a ride at 7:45am, 10am, and 2pm. We'll schedule swims, too, when we can. Please let Mr. Kwok or me know if you're up for joining on a weekly basis...you'll feel better for it if you say yes!

Good luck on exams next week, everyone. This weekend should be very focused on preparing for those; some time for exercise, some time for yourselves, but mostly, time to prepare.

---Mr. Coles